

Mooloolah River Fisheries POPCORN FLATHEAD



- Crunchy golden coating
- Soft and moist white flesh
- Wild caught and hand cut fillets
- Re Sealable bag

- Sweet and mild flavour
- Cook from frozen
- Value for money
- Serve as finger food, takeaway, seafood pack, retail sales, etc

5x1kg/CTN Approx 150 pieces/kg

cooking Instructions



We recommend cooking from frozen. Deep fry at 180°C for approx 3 minutes or until golden brown.



Oven-able. Cook at 180°C for approx 25 minutes or until golden brown.

CONTACT US

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